# RESOURCES FOR SENIORS

## ADULT DAY CARE
- Bradford House (Burlington)  
  (360) 755–1235

## CAREGIVERS and CAREGIVER SUPPORT
- Aging and Disability Resources (ADR)  
  (360) 428–1309
- Department of Social and Health Services (DSHS)  
  (360) 429–2961

## CHAPLAINS
- Community – Doug Fahkema  
  (360) 202–1699
- Anacortes Police & Fire Department – Rusty Van Deusen  
  (360) 333–2352

## CLOTHING
- Community Action  
  (360) 416–7585
- First Baptist Church  
  (360) 293–5300
- Red Door Thrift Shop  
  (360) 293–8027
- Salvation Army (vouchers)  
  (360) 293–6682
- Soroptimists Thrift Shop  
  (360) 293–7251

## DENTAL
- Aging and Disability Resources (ADR)  
  (360) 428–1309

## DISABILITIES
- Aging and Disability Resources (ADR)  
  (360) 428–1309
- Department of Social and Health Services (DSHS)  
  (360) 429–2961

## EMERGENCY/DISASTER READINESS
- Aging and Disability Resources (ADR)  
  (360) 428–1309
- Skagit County Emergency Management  
  (360) 416–1850
- Washington State Emergency Preparedness  
  (253) 512–7415

## END OF LIFE ISSUES
- Aging and Disability Resources (ADR)  
  (360) 428–1309
- Death with Dignity  
  deathwithdignity.org
- Hospice of the Northwest  
  (360) 814–5550

## FINANCIAL ASSISTANCE
- Aging and Disability Resources (ADR)  
  (360) 428–1309
- City of Anacortes (Utility Discount Program)  
  (360) 293–1909
- Vets Connect  
  (360) 588–5156
RESOURCES FOR SENIORS

FOOD ASSISTANCE and MEALS

- Aging and Disability Resources (ADR) (360) 428-1309
- Anacortes Family Center (emergency food packs) (360) 293-2992
- Anacortes Senior Activity Center (hot meals served) (360) 293-7473
- Community Action (emergency food pantry) (360) 416-7585
- Department of Social and Health Services (DSHS) (360) 429-2961
- Ensure (available at Anacortes Senior Activity Center) (360) 293-7473
- Farmers Market Voucher Information (360) 416-1500
- First Baptist Church (hot meals every other Thursday) (360) 293-5300
- Helping Hands of Anacortes Food Bank (360) 856-2211
- Meals on Wheels sign up (360) 419-1500
- Presbyterian Church (hot meals served) (360) 293-3880

Red Bag Pantry locations in Anacortes:
- Anacortes Fire Department at 13th St and O Ave
- Anacortes Senior Activity Center at 1701 22nd Street
- Anacortes Library at 10th St and M Ave
- Saint Mary’s Church – St Vincent de Paul Food Bank (360) 293-9821
- Salvation Army Food Bank (360) 293-6682

HEARING

- Caption Calling (app for voice to screen) (877) 557-2227
- Department of Social and Health Services (DSHS) (360) 429-2961
- Hearing Loop system (available at the Anacortes Senior Activity Center, Anacortes City Hall, Anacortes Library, Anacortes Community Theater)
- Washington State Hearing Aid Loans (206) 328-5116

HOMEOWNER EXPENSE ASSISTANCE

- Aging and Disability Resources (ADR) (360) 428-1309
- Community Action (emergency programs) (360) 416-7585
- Habitat for Humanity (360) 428-9402
- Property Tax Exemptions (360) 416-1780
- Salvation Army (emergency programs) (360) 293-6682
- Skagit County Dept of Commerce (360) 757-6509
- USDA Rural Development Washington (360) 428-7684 ext. 4

HOSPITAL

- Island Health (360) 299-1300
RESOURCES FOR SENIORS

HOUSE AND YARD CARE
Aging and Disability Resources (ADR) (360) 428-1309
Community Action Volunteer Program (360) 416-7585

HOUSING AND SHELTER
Aging and Disability Resources (ADR) (360) 428-1309
Anacortes Housing Authority (360) 293-7841
Anacortes Family Center (360) 293-2993
Community Action (360) 416-7585
Department of Social and Health Services (DSHS) (360) 429-2961
Helping Hands of Anacortes (360) 856-2211
Salvation Army (emergency programs) (360) 293-6682

LEGAL ASSISTANCE
Aging and Disability Resources (ADR) (360) 428-1309

LONG TERM CARE
Aging and Disability Resources (ADR) (360) 428-1309

MEDICAL EQUIPMENT
Soroptimists Thrift Shop (360) 293-7251

MEDICAL INSURANCE
Aging and Disability Resources (ADR) (360) 428-1309
SHIBA (Statewide Health Insurance Benefits Advisors) (360) 826-8828

OMBUDSMAN
Adult Protective Services (877) 734-6277
Hospital and Home Health Complaint Hotline (800) 633-6828
Long Term Care/Nursing Facilities (800) 562-6028
Victim Support Services (360) 756-1780

PARKING PERMITS
Aging and Disability Resources (ADR) (360) 428-1309

PERSONAL HYGIENE ITEMS
Aging and Disability Resources (ADR) (360) 428-1309
First Baptist Church (360) 293-5300
Helping Hands of Anacortes (360) 856-2211
Salvation Army (360) 293-6682

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PROPERTY TAXES

Aging and Disability Resources (ADR) (360) 428-1309
Skagit County Assessor’s Office (360) 416-1780

TRANSPORTATION ASSISTANCE

Community Action (360) 416-7585
Bell Air Shuttle Service (866) 235-5247
MEDICAID (medical procedure appointments only) (360) 428-1301
SKAT Paratransit (formerly Dial-a-Ride) (360) 757-5173
Skagit Transit (360) 757-4433

VETERAN’S SERVICES

Aging and Disability Resources (ADR) (360) 428-1309
VFW, DAV, American Legion (360) 419-3684
Vets Connect (rent, utilities) (360) 588-5156

VISION

Eyecare America (877) 887-6327
Washington State Department of Services for the Blind (800) 552-7103

VOTING

Skagit County Elections Office (360) 336-9305