RESOURCES
for My Family Preparedness Plan

1) COMPLETED PLAN

Carry out the steps you committed to in “My Family Preparedness Plan”!

2) LOCAL RISKS

- Skagit CodeRED emergency alert sign up, Anacortes tsunami walking map, and posters www.skagitcounty.net/Departments/EmergencyManagement/

3) KIT CHECKLISTS

“Grocery list”-style checklists:

- 72-hour Disaster Preparedness Kit www.cityofanacortes.org/DocumentCenter/View/7169/72-Hour-Disaster-Preparedness-Kit
- Multiple checklists, including for pets (scroll to “Disaster Kits”) https://mil.wa.gov/publications

Calendar-type checklists, by week or month:

- Prepare in six months, one week at a time: www.co.thurston.wa.us/em/PA/24_WeekCalendar.pdf
- Prepare in a year, one hour a month: https://mil.wa.gov/personal

4) PLANS AND GUIDES

- Ready.gov www.ready.gov/make-a-plan
- Washington State Emergency Management Division plans, checklists, and advice for preparing mil.wa.gov/preparedness
- Home hazard hunt (earthquake) www.fema.gov/media-library/assets/documents/3261

Have feedback? Contact Dennis Clark, dennisbclark@hotmail.com, 206-383-8977
My Family Preparedness Plan

Steps I Will Take to Prepare My Family

Step 1 Make the Commitment!

The people I am acting for are: ____________________________________________
______________. I am committed to get ready, get connected, get strong – for them!

Sign here: _____________________________________

Step 2 Decide on Your Disaster!

We live in a small community on an island. The disaster I am most concerned about will shape my decisions about how to prepare. I am preparing for:

__ Earthquake
__ High winds
__ Winter storm
__ Other (be specific) ____________________________________________

Step 3 Plan!

Based on the disaster(s) checked above, decide on the following:

Where will you meet if you cannot get home? ________________________________

Who is your out-of-state contact and how will you connect? _______________________

What will you do to prepare for the disaster? I will

___ Prepare a three-day disaster kit (minimum) now Date completed: _____

___ Conduct a home hazard hunt now, and Date completed: _____

___ Learn now how – and when – to turn off utilities including water, gas, and electricity Date completed: _____
**Step 4 Prepare Your Kit(s)!**

1) Select a checklist (you will do this as you leave)
2) Assemble/buy everything on it that your family needs:

   Kit #1: prepare a three-day kit: water, food, clothing/blankets, sturdy shoes, toiletries, radio, flashlights – due date: __________  Date completed: _____

   Kit #2, Kit #3, Kit #4: prepare additional kits for work, car, two weeks at home (including sanitation) – due dates: ___________  Date completed: _____

**Step 5 Connect!**

1) Support your new “preparedness buddy” by reaching out at least once after today to offer support and celebrate success.
   Name: ______________________________________________________________

   Contact info:  ________________________________________________________

   Date completed: ____

2) Between now and Halloween, talk to *at least one neighbor on your block* about what you are doing to get ready through household preparedness.
   Name: ________________________________  Date completed: ___

**Notes:**

1) Disasters are survivable – with planning and preparation
2) Know the risks, make a plan, prepare kits
3) Disasters bring people together – get together *before* the disaster

Want to repeat this preparedness event for your neighborhood, church, or business? Have feedback? Contact Dennis Clark, dennisbclark@hotmail.com, 206-383-8977